



Sunnybrae School News

October 2017

H.Smith, Principal

@SunnyBulldogs

Remind...

To receive messages about upcoming school events sign up for Remind. Simply text @323722 to 647-931-1813.

Important Dates

- Oct 2 School Council 6:00 pm
- Oct 9 Thanksgiving Holiday
No school
- Oct 11 Kindergarten conferences begin
- Oct 13 QSP due
- Oct 18 School Bus Driver Appreciation Day
- Oct 19 Meet the Staff/BBQ
- Oct 20 PA day
No school for students
- Oct 25 Picture Day—smile



Principal's Message

We are off to a great start for the 2017-2018 school year. You will notice we already have teams practicing and clubs meeting. Involved students make for happy/healthy students. Thanks to all of our staff who run these extra-curricular activities for our students. If you child isn't yet involved in something whether it takes place here at school or in the community consider encouraging them to give something new a try. The Stroud and Innisfil libraries offer some terrific alternatives as do the recreation centres.

Balance is key in developing healthy habits. If you live within walking distance please encourage children to walk to school. This will help them to develop physically and start a life habit that will benefit everyone in the long run. If you must drive your child please drop them off on Glenn Ave. where there are two gates that access the property and no busses to worry about. Please do not park in the driveway or across the road from Sunnybrae.

We look forward to meeting families on October 19th from 5:00-7:00pm for our Meet the Staff/BBQ. There will be food and fun as well as a chance to meet this year's Sunnybrae Staff Team.

Please do not come onto school property if you have your dog with you. Rather, find a spot to wait off property and have your child meet you there. It is very important that this rule be respected regardless of the size of the dog.

Families are reminded that we do have students with illnesses that require them to miss school when others are ill. If you child has chicken pox or other contagious diseases please let us know so that those families whose children are compromised can make a decision about whether they attend.

Please do not send food with your child for their class unless you have made arrangements with their teacher in advance. We have many food allergies and sensitivities as well as beliefs that need to be considered.

School Times

Supervision Begins	8:45 am
Warning Bell	8:58 am
Entry Bell	9:00 am
Instructional Time	9:00 to 10:40 am
Nutrition Break	10:40 to 11:00 am (Outdoor play for Kindergarten)
Outdoor Play	11:00 to 11:20 am (Nutrition Break for Kindergarten)
Instructional Time	11:20 to 1:00 pm
Nutrition Break	1:00 to 1:20 pm (Outdoor play for Kindergarten)
Outdoor Play	1:20 to 1:50 pm (Nutrition Break for Kindergarten)
Instructional Time	1:50 to 3:30 pm
Dismissal:	3:30 pm

Please ensure your children are aware of the time that school begins so that they will be on time. There is no pick up of students after 3:15 pm as teachers are busy getting all students ready for dismissal. Please make sure you make end of day arrangements with your child in the morning before school. Any changes should be written in your child's agenda or courier bag.





News From the SCDSB

Pay for field trips, lunch days, etc. with School Cash Online

If you have not already done so, be sure to sign up for School Cash Online. This is our preferred method of payment for all school fundraising including lunch days and field trips. School Cash Online allows you to pay with your debit or credit card. Follow these steps to get started:

- Go to simcoecounty.schoolcashionline.com or from our school website click on "Pay Fees"
- Register and add your child to the newly created account
- View and purchase items through echeck or credit card

The School Cash Parent Helpdesk is available 24/7 to help you with registration, password recoveries or any other payment issues. Call the helpdesk at 1-866-961-1803 or email parenthelp@schoolcashionline.com.

Parent Portal gives parents real-time access to attendance, grade information

The SCDSB Parent Portal is a secure online tool that provides parents/guardians (of students less than 18 years of age) with quick access to their children's attendance and grades and includes the option to sign up for email notifications. To access the Parent Portal, parents/guardians will need their child's SCDSB Pupil ID Number, which can be found on the Student Information Verification Form, as well as an Access ID. The Access ID will be provided in a sealed letter this month with instructions on how to create an account. If you lose the Access ID, visit us in the school office and we'll provide it to you after verifying your identity.

School Bus Safety Week and School Bus Driver Appreciation Day

School Bus Safety Week takes place Oct. 16 to 20. To support schools in promoting school bus safety to students, the Simcoe County Student Transportation Consortium (SCSTC), in partnership with school bus operators, will offer bus evacuation training to all home-to-school transported students. During this week, school bus drivers will educate students on how to evacuate a school bus safely in an emergency situation.

Wed., Oct. 18 is School Bus Driver Appreciation Day in the province of Ontario. It's a great opportunity for the school community to thank our bus drivers for all their hard work transporting students to and from school safely. For more information, visit the SCSTC website at main.simcoecountyschoolbus.ca/.

New Path offering child and youth mental health walk-in clinics

In response to the increasing wait times for child and youth mental health services, and the increased need for such services, New Path has undertaken a service redesign that will provide more timely and responsive services to children, youth and families in Simcoe County. New Path now offers Child and Youth Mental Health Walk-In Clinics in five office locations throughout Simcoe County: Bradford, Alliston, Barrie, Collingwood and Orillia.

Children, youth and families requesting service from New Path no longer need to call and complete an intake; they can simply attend one of the local Walk-In Clinics and will receive a single session intervention that day. Should children or youth require further service, New Path will continue to offer a wide variety of community and school-based services as well as residential service and women's service. For further information, including the clinic locations, days and hours, visit www.newpath.ca or contact New Path's central intake department at 705-725-7656.

October is International Walk to School Month

Did you know that October is International Walk to School month? It's a great way for children to get their recommended 60 minutes of physical activity each day and also gives parents and staff a chance to be part of a worldwide event that celebrates the many benefits of walking. Here are some ideas:

- Encourage your child to walk or cycle to and from school if you live close by and team up with others to make the trip more fun
- If you usually drive your child to school, try getting them to walk part of the way
- If your child takes the bus, walking to and from the bus stop is a great way to add physical activity minutes into the day

Information provided by the Simcoe Muskoka District Health Unit

Healthy classroom celebrations

Classroom and school celebrations are great opportunities for children to practice the healthy eating messages they learn in the classroom. Help teach the importance of healthy eating by choosing healthy foods to send in the next time your child's class is celebrating. Here are some ideas:

- Send a tray of watermelon slices, orange slices, apples or fruit kabobs
- Send a tray of whole grain crackers, cubes of lower fat cheese and grapes
- Send a veggie platter - get creative by arranging it in fun shapes
- Prepare chocolate dipped strawberries for a sweet treat

Looking for more information to help keep you and your family healthy? Call *Health Connection* at 705-721-7520 or 1-877-721-5720 to speak with a public health nurse or visit the health unit's website at www.simcoemuskokahealth.org.

Information provided by the Simcoe Muskoka District Health Unit

Tips for a healthy Halloween

The month of October is upon us and that means Halloween is just around the corner! For many children, this can be an exciting time of year as they get their costumes ready and their buckets out to fill with candy! Halloween can also be a tough time for parents to keep their kids' diets healthy and balanced. Here are some helpful 'tricks' to help you and your family have a healthy Halloween this year!

- Walk door to door when trick or treating. It will burn calories and also tire the kids out – potentially limiting the amount of houses you will hit before the end of the night. Try making a competition out of who can walk the most steps.
- Plan a party. Make the focus of your party fun activities instead of sugary treats. Include Halloween games such as a costume or dance contest, or pumpkin carving.
- Trade the candy collected for non-edible treats like books, small toys or arts and crafts materials. You can also consider offering to buy back some of the candy, providing your kids with some extra spending money as a reward. Before your kids venture out in their costumes, make sure they eat a healthy meal.

Visit your local YMCA of Simcoe/Muskoka for some fun Halloween activities for the whole family to enjoy!

Information provided by the YMCA of Simcoe/Muskoka (www.ymcaofsimcoemuskoka.ca)

Fire Prevention Week is October 8 to 14: Every Second Counts: Plan 2 Ways Out!

Fire Prevention Week runs from Oct. 8 to 14. This year's theme is "Every Second Counts: Plan 2 Ways Out!" Smoke and fire spread fast. There's no time to figure out how to escape AFTER a fire starts. All households should have working smoke alarms and practice a home fire escape plan with everyone in the family BEFORE there's a fire. Find out more at: www.nfpa.org/fpw.

What's Happening at Sunnybrae!

Battery Recycling Challenge!

This year we are excited to be participating in the Ontario Schools Battery Recycling Challenge! Sunnybrae is one of 125 schools across Ontario participating in this program. Last year, more than one million batteries were recycled! Students are encouraged to bring in single-use household batteries to be placed in our school battery recycling bin. If you are bringing in any 9volt batteries, please be sure to tape the ends. Participating schools and families can win prizes, and funds raised will be donated to SickKids Hospital. Please start bringing in your batteries to be recycled today, and continue doing so over the course of the school year. Thank you from the Green Team!

The Scholastic Book Fair is coming!

The Sunnybrae Library Commons will be hosting the Scholastic Book Fair on October the 17th until the 19th. It will be open the evening of the 'Meet the Staff Barbeque' until 6:30pm. Come to the library and support a great cause!

Volunteers

Just a reminder for current volunteers that wish to continue volunteering at Sunnybrae. Please come in to the office to complete an Offence Declaration. It is the responsibility of the volunteer to ensure the form is completed every fall. If you do not complete the form prior to December 15, 2017 for submission to the board office by December 31, 2017 your name will be deleted from the database on January 1, 2018 and you will have to submit a new Criminal Records Check and Vulnerable Sector Screening.

If you are not a current volunteer and would like to join us please pick up a letter from our office to take to the police station to have a Criminal Records Check and Vulnerable Sector Screening done. Once this is completed and returned to us we will sent it to our Area Superintendent's office where current lists are maintained. If you have any questions please call the school at 705-436-1100.

Meet The Staff BBQ—October 19th 5:00 to 7:00 pm

Save the date! Come out and meet the Sunnybrae staff and have a great evening with your children. Lots of activities.

- Every class will have a basket to raffle. Thank you to everyone who has already donated items for the basket. More donations are welcome. Check with your child's teacher on the theme of the basket.
- Fire Department will be here with their special equipment.
- Book fair will be open until 6:30
- Kool FM will be in attendance with a bubble machine.



May Court Club of Barrie

Thanks to the May Court Club of Barrie for supporting our Snack Program. We appreciate all of their donations. Check out how you can help support their efforts through www.BarrieMayCourtClub.ca.